



Week Three Menu

MAIN MEAL VEGETARIAN JACKET POTATO

COLD DELI

DESSERTS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pork Sausage with Mashed Potato and Baked Beans	Cottage Pie With Baguette slice	Roast Breast of Chicken with Roast Potatoes & Gravy	Ham Cheese & Tomato Pizza served with Diced Potato	Fish Fingers served with Chips & Tomato Sauce
Cheese & Baked Bean Puff	Macaroni Cheese	Roast Quorn Fillet served with Roast Potatoes & Gravy	Cheese & Tomato Pizza served with Diced Potato	Mixed Bean Fajita served with Chips & Tomato Sauce
Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans
Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich
Vanilla Icecream	Pear & Chocolate Sponge with Custard	Oat Cookie	Shortbread	Fruity Friday

AVAILABLE DAILY: Seasonal Vegetables and a choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt and Fruit Jelly.



School Lunch menu

Food for Life

With this menu we continue with our achievement of Food for Life which means your children are being provided healthy, well balanced and professionally created lunches made from the highest ingredients, including free-range, organic and MSC certified fish.

For more information on the award please visit foodforlife.org.uk/schools

Our Menu

Our menus meet or exceed government food standards for school meals. Do not include fish on the Marine Conservation Society 'Fish to Avoid' list. Only contain British HMC certified assured meat. Are nut free.





Week One Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Pasta Bolognese	Pork Sausage with Mashed Potato and Gravy	Roast Breast of Chicken with Roast Potatoes & Gravy	Mild Chicken Curry served with Fluffy Rice	Fish Fingers served with Chips & Tomato Sauce
	Vegetarian Sausage Roll with diced Potato	Quorn Sausage with Mashed Potato and Gravy	Vegetable Enchilada	Macaroni Cheese	Vegetable Fingers with Chips & Tomato Sauce
	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans
COLD DELI	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich
DESSERTS	Chocolate Cookie	Shortbread with Apple Slice	Vanilla Icecream	Iced Sponge	Fruity Friday

AVAILABLE DAILY: Seasonal Vegetables and a choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt and Fruit Jelly



Week Two Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Burger in a Bap with Homemade Jacket Wedges	Chicken & Tomato Pasta Bake	Roast Turkey with Roast Potatoes & Gravy	Beef Lasagne served with Baguette Slice	Fish Fingers served with Chips & Tomato Sauce
	Veggie Burger in a Bap with Homemade Jacket Wedges	Chick Pea & Sweet potato curry with Rice	Roast Quorn Fillet served with Roast Potatoes & Gravy	Cheese & Tomato Pizza with Baguette Slice	Vegetable Fingers with Chips & Tomato Sauce
	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans	Jacket Potato served with Grated Cheese or Baked Beans
COLD DELI	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich	Ham Cheese or Tuna Mayonnaise Sandwich
DESSERTS	Flapjack with Fruit Slice	Strawberry Icecream	Shortbread	Iced Chocolate Sponge	Fruity Friday

AVAILABLE DAILY: Seasonal Vegetables and a choice of Wholemeal Bread, Fresh Salad Bar, Fresh Fruit, Yoghurt and Fruit Jelly