

Christ Church C of E VC Primary School

'To inspire a love of learning for life so that every child can flourish within a supportive Christian community'



Headteacher: Mr. Neil McKellar-Turner

Friday 18 June 2021

Relationships, Sex and Health Education Provision

Dear Parent/Carer,

For the past few years our school has been implementing Jigsaw as our PSHE (Personal, Social and Health Education) Programme across the school.

The lessons since build on children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and healthy way. You may have heard about the Jigsaw Friends and Calm Me time.

This term we will be teaching a unit called **Changing Me**. This includes, in every year group, 2 or 3 lessons to help children understand the changes puberty brings and how human reproduction happens. There is a very serious safeguarding aspect to this work and obviously the younger year groups are not looking at these issues directly and explicitly but rather learning correct terminology for body parts and doing the foundation work for later year groups. The Year 5 and 6 lessons look more fully at puberty and human reproduction. Pupils in year 6 will be taught the contents from Years 5 and 6 as this was not taught last year due to the impact of the pandemic (please see grid on next page).

The human reproduction content (in red) will be covered in Year 6 during the week beginning 28 June. Content for Years 4 and 5 will be covered in the week beginning 5 July.

As you may be curious what the materials look like, we warmly invite you to attend a virtual session via Microsoft Teams in which we will give you a transparent and comprehensive picture of what we are planning to teach in which year groups.

Date: Thursday 24 June 2021 Time: 5.30 – 6.30pm

We hope you will be in agreement with us that this work is vitally important for children, that it needs to be done age-appropriately and that the Jigsaw Programme gives us a secure framework in which to do this.

However, we do as always want to work in partnership with parents and carers, and also wish to inform you of your legal right to withdraw your children from some aspects of this work. The aspects highlighted in red, on the next page, are deemed human reproduction and, as such, you have a right to request that your child is withdrawn from these lessons. If you wish to exercise this right, please email office@christchurchhanham.org.uk to state this along with your child's full name and class.

We hope you, like us, will see the materials in Jigsaw as educationally sound and beneficial to our children, helping to safeguard them, and will look forward to sharing them with you and answering any questions you may have. You will also receive an information leaflet along with this letter which explains the statutory requirements for schools.

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Please let us know if you wish to attend the information session by emailing the school office. A Teams link will be sent prior to the meeting.

Kind regards,

Debbie Hibbert

PSHE Lead

The grids below show a brief summary of the ‘Changing Me’ Puzzle (unit) in Jigsaw with respect to what is taught relating to Puberty and Human Reproduction. The puberty work in Jigsaw fulfils the requirements that sit under the ‘Changing Adolescent Body’ strand of statutory Health Education, and parents cannot withdraw their children from this.

The content in red is deemed as ‘Human Reproduction’ and parents can request their children are withdrawn from all or part of these lessons.

Puberty and Human Reproduction in Jigsaw 3-11		
FS	Growing Up	How we have changed since we were babies
Y1	My changing body	Understanding that growing and changing is natural and happens to everybody at different rates
	Boys’ and girls’ bodies	Appreciating the parts of the body that make us different and using the correct names for them
Y2	The changing me	Where am I on the journey from young to old, and what changes can I be proud of?
	Boys and girls	Differences between boys and girls – how do we feel about them? Which parts of me are private?
Y3	Outside body changes	How our bodies need to change so they can make babies when we grow up – outside changes and how we feel about them
	Inside body changes	How our bodies need to change so they can make babies when we grow up – inside changes and how we feel about them (animations used – shorter version Female and Male Reproductive Systems)

Puberty and Human Reproduction in Jigsaw 3-11		
Y4	Having a baby	The choice to have a baby, the parts of men and women that make babies and – in simple terms – how this happens (animations used – the Female Reproductive System)
	Girls and puberty	How a girl’s body changes so that she can have a baby when she’s an adult – including menstruation (animations used – the Female Reproductive System)
Y5	Puberty for girls	Physical changes and feelings about them – importance of looking after yourself (animations used – the Female Reproductive System)
	Puberty for boys	Developing understanding of changes for both sexes – reassurance and exploring feelings (animations used – the Male Reproductive System)
	Conception	Understanding the place of sexual intercourse in a relationship and how it can lead to conception and the wonder of a new life (animations used – the Female and Male Reproductive Systems)
Y6	Puberty	Consolidating understanding of physical and emotional changes and how they affect us (animations used – the Female and Male Reproductive Systems)
	Girl talk / boy talk	A chance to ask questions and reflect (single sex) (animations used – the Female and Male Reproductive Systems)
	Conception to birth	The story of pregnancy and birth (animations used – the Female and Male Reproductive Systems)